

# WSMX MOTOCROSS SCHOOL

May 16th  
Hemond's MX  
Minot, ME

8:30 am-3:00 pm

EVERYONE WELCOME  
(Men, Women, Youth-Ages 4+)  
WSMX " Good Technique Knows NO Gender "

ONE DAY GROUP SCHOOL INFORMATION

\$200.00 per student, 6 Hour Class



## One Day Course: Track or Trail Training

Use a MX track to enhance your riding skills! We rent the track, so you can have a great learning environment! By using a track, we can simulate many of the obstacles you encounter while riding within a small area, giving you the best possible learning experience! Whether you are a trail rider or experienced racer you can benefit from this class!

Learn proper body positions for cornering, braking, standing, whoops, Practice drills for stopping, cornering, and flow. On track application of skills learned: Corners, Jumps, Whoops, Braking, Starts, looking ahead, reading terrain, mental approach.

- **We offer Family discounts. (Each Family member attending class will receive \$25 off class fee)**
- **Everyone Welcome! Women, Men, Youth 4+**
- **All skill levels are accommodated- Beginner-Advanced**
- **Class is taught in a rider friendly environment at the riders pace.**
- **Post entry welcome, but please notify us if you are coming.**  
Please pack a lunch and bring plenty of drinking water